



## OUTLINES of the ANIMAL REIKI TRAININGS WITH THE CSNSD

The CSNSD has three incredible Animal Reiki Trainings to ensure that all Animals, Horses and other Farm, Wildlife, Zoo and Refuge creatures are supported in the development of their own healing capacity through the relaxation and inner peace building provided by REIKI.

- Animal Reiki Practitioner
- Equine Reiki Practitioner Certification (Personal Development with Horses)
- Animal Reiki Practitioner TRAINERS' Certification Program

Here is what you will achieve - knowledge and practical development in:

### Animal Reiki Practitioner

- Training Basic Pet Anatomy and Chakra Awareness
- Reiki Techniques for Animals
- Your Personal Reiki Attunement to Work with Animals
- Communicating, Treating and Techniques with Animals
- Understandings the Value of Intake Forms & Release and Waivers for Animal Reiki Services
- Guiding Reiki Principles for Animals
- Reiki Hand Positions for Animals
- The Body Systems of Animals
- How to Work with an Animal in Pain
- How to Become More Present to Offer the Best Session Possible in Full Reiki Flow
- The Dog Endocrine System
- The Reiki Symbols for Work with Animals

- The Structure of a Traditional Reiki Distance Healing Session
- Reiki Reports for Animal Reiki Sessions
- How to Write an Excellent Report
- Canine and Feline Specific Reporting
- Starting Your Own Animal Reiki Business

Upon graduation of the Animal Reiki Practitioner Certification, you are entitled to enter the Equine Reiki Practitioner Certification training.



### **Equine Reiki Practitioner Certification Training (Wildlife-Farm Animals-Zoo-Refuge Animals)**

- How to Complete Intake Forms, Client Reports, Session Reports and Release and Waivers
- The Guiding Principles of Equine Reiki
- Connecting to Source Energy
- Terminology of Horse Anatomy
- Special Attunement
- Body Systems of Animals
- Left Brain and Right Brain Achievers and Their Reiki Practice Beaming for Horses in the Fields or at a Distance
- Byosen Scanning for the Horse
- Long Distance Reiki for Horses
- The Basic Horse Reiki Treatment Process
- The Energy Brush-Down
- Equine Chakras and How to Provide a Chakra Treatment
- Reiji-Ho Intuitive Treatments
- Horseshoe Energy Strengthening
- Relationships With Horses Through Treatments
- Building Trust Practitioner Self-Care Tips, Meditations and Daily Practices and more...



## **Animal Reiki Practitioner Trainers' Certification Program**

In this fabulous training, you will learn the following:

- Understanding your Role as an Animal Reiki Practitioner
- Trainer Working within the Code of Conduct
- Preparing the Training Preparing the Classroom
- Preparing Yourself
- Ethics of Being a Trainer
- Presentations development
- Working with a Group
- Introduction to Reiki for a Group
- Developing and working with Presentation Tools
- Understanding Energy
- Understanding Reiki
- The Three Pillars of Reiki
- Anatomy and Physiology of Smaller Animals
- Human and Animal Chakra Systems
- Animal Reiki Techniques
- Setting up, Processing and Completing an Animal Reiki Session
- Learning to be more Present to the Animal
- Reiki Flow
- Communicating with Animals
- Structuring a Distance Session
- Business Considerations
- Completing Forms and Waivers
- Learning to offer Reiki Attunements
- Course Evaluations and more...

## Practitioner/Trainer Assignments

Graduates must receive 80% or greater in each assignment or quiz. Retakes are possible.

### Animal Reiki Assignments Include:

- 2 Short Essays
- 3 Reiki Reports using 2 or more animals
- 1 Animal Reiki Quiz

### Equine Reiki Assignments Include:

After Unit 1 – a short introductory essay

After Unit 3 - beaming Reiki case study

After Unit 4 - scanning and treating case study

After Unit 6 - full-body hands-on treatment case study

After Unit 7 - chakra balancing case study

After Unit 9 - distance Reiki case study

After Unit 12 - short exit essay

After Bonus Unit - 2 Quizzes

After Bonus Unit - Special Horse Healing Research Project: 2 options a) Following one horse needing special care through 5 more sessions as a clinical study over a period of a month. b) Writing an essay on Reiki and Horse Health/Healing or a special area of your personal consideration with horses – specifics to share with your tutor – 1500 words

### Animal Reiki Practitioner Trainers' Assignments

1 Your first assignment is to purchase one of these 2 books.

\*Animal Reiki: "Using Energy to Heal the Animals in Your Life" by Elizabeth Fulton and Kathleen Prasad

\*Animal Reiki: "How it Heals, Teaches & Reconnects Us with Nature" by Angie Webster

You are then asked to write a 400-500 word essay about the value of this book in preparing you to be an excellent Animal Reiki Practitioner and what you will be able to use as a guideline for your own course development.

Please note that you can never take pages of other people's writing and make it your own. You can however quote 100-200 words without a problem, as long as the author is noted. You can also take an idea and expand on it, first quoting the original author and the work that you found the material in. This is to avoid copyright infringement while also acknowledging the value of the work that the author has provided.

2 Following review of the file called the Animal Reiki Practitioner Course Guideline, please choose 3 major topics to now follow-up with and expand upon. We ask that you now develop those 3 topics in such a way that you would be offering them to your students. Create any formal art work and writing that you will be using in your Animal Reiki Practitioner Program. The topic choices are yours, but we urge you not to choose the simplest topics to present to us. We will review them all and give you the necessary feedback as you build your own training. These will be graded and you must achieve 80% or greater to graduate. We believe that if you don't first succeed, that we will help you to take your training to the next level of positive attainment, thereby ensuring that you do graduate with the best possible product.

The Animal Reiki Practitioner Trainers' Program is possible to complete in 6 months part-time. You have two years if necessary.

**The Animal Reiki Practitioner Training can be taken over a period of up to 1 year.**

**The Equine Reiki Practitioner Training can be taken over a period of up to 1 year.**

- o For each training you will be provided a tutor to support and encourage you.
- o Extensions are possible under certain circumstances.
- o In most cases, both certificates can be achieved within 4 months part-time. It is simply the spacing out of sessions that takes up most of the time. The review of presentations can be done in less than a day for each training. Repeated reviews are recommended.
- o Upon graduation, you will be mailed one or both certificates through regular mail.

Please reach out to [information@canadiannaturopathies.com](mailto:information@canadiannaturopathies.com) with any questions. Thank you!